



BREAKFAST

FARM GRANOLA	55
Bulgarian yoghurt & fresh seasonal fruit	
FRENCH TOAST	
Plain	40
or Bacon, banana and brie	68
EGGS BENEDICT	
Spinach	68
or Bacon or Salmon	82
OMELETTE	68
Bacon, cheese & tomato	
Spinach, peas & goats cheese	
SMALL FRYUP	40
Two eggs, bacon & tomato	
BIG FRYUP	65
Two eggs, bacon, tomato, chips, mushrooms & sausage	

SALADS

GOATS CHEESE & BEET	72
Homegrown sprouts, beetroot & a balsamic dressing	
CHICKEN & HALOUMI	82
Free-range chicken, rosa tomatoes, spinach & penne	
SPICY CHICKEN QUINOA	82
Red beans, corn, red cabbage, red pepper & feta	

SANDWICH/WRAPPS

CHICKEN BACON CLUB	85
Whole grain mustard, tomato, rocket & emmental	
SALMON TROUT	85
Cream-cheese, capers & spring onion	
SCRAMBLED AND AVO	55
Scrambled egg and avocado	
GRILLED ZUCHINI	65
Sun-dried tomato & humus	

MAINS

SIRLOIN BERNAISE	80
Onion marmalade and wedges	
FREE RANGE PIES	65
Homemade, served with chips or salad	
FARM QUICHE	55
Baked fresh daily, with chips or salad	
CHEESE BURGER	85
Free-range, served with chips	
Add bacon & avocado	110
AUBERGINE BAKE	75
Brown lentils and tomato	
CHICKEN BURGER	68
Free range-coleslaw & wedges	

KIDDIES

BURGER & CHIPS	55
MAC & CHEESE	40
CHICKEN MAYO	45
CHICKEN NUGGETS	45

FRESH JUICE

ABC 30

Apple, beetroot & carrot

GREEN JUICE 30

Apple, celery,
cucumber, spinach & lemon

RED JUICE 30

Carrot, beetroot, pineapple &
orange (when in season)

CREATE YOUR OWN 30

Apple/beetroot/carrot/celery/
cucumber/orange/pineapple

FRESH RED 28

Apple juice, rooibos & ice

ADD 10

Ginger or Turmeric

HAVE A LARGE 500ML +12

BEER

RED AND WHITE WINE

SOFT DRINKS

TEA SELECTION

MILKSHAKES

REGULAR FLAVOUR 35

Strawberry, chocolate, lime,
banana

ICED COFFEE 40

PEANUT CARAMEL 40

REAL BERRIES SWIRL 40

SMOOTHIES

BERRIES 40

Mixed berries, banana, frozen
yoghurt & milk

NUTS 45

Toasted almond flakes, nut
butter, banana, cacao, frozen
yoghurt & milk

GREEN 45

Avo, banana, baby spinach,
cucumber, celery, apple,
yoghurt, raw honey

JUST FRUIT 45

Banana, berries, apple,
orange, coconut water, ice

PEACHY 40

Banana, peaches, pineapple,
frozen yoghurt, coconut milk

MANGO 40

Mango, orange, raw honey,
frozen mango yoghurt,
coconut milk

VEGAN GREEN 45

Kale, baby spinach, celery,
pineapple, mango, apple juice

COFFEE

HOT CHOCOLATE 28

AMERICANO 24

ESPRESSO/DBL 20/24

FLAT WHITE 26

LATTE 28

ROOIBOS LATTE 32

CHAI LATTE 32

ALMOND MILK +10